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Study on the effect of *Zataria multiflora* essential oil & BHT in rat: Histopathological findings

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Zataria multiflora is an endemic plant in Iran which has been used traditionally in food, especially in yoghurt as a flavouring agent, stimulant, condiment, carminative and for treatment of pre-mature labor pains and rupture. The extracts of aerial parts of *Z. multiflora* showed anti-inflammatory effects against acute and chronic inflammations in mice and rats. In the present study the hepatotoxicity was assessed in terms of changes in histological damage and serum enzymes (SGOT, SGPT, ALP). In this study 25 male rats were divided into 5 equal groups randomly. Groups 1, 2 and 3 received *Z. multiflora* essential oil in different doses of 100, 200 and 300 μ l / kg by gavage method respectively. Positive and negative control received BHT (15 mg / kg) and normal saline. After 14 days all rats were killed and their livers and kidneys removed, fixed and prepared for histopathological evaluation. The result of this study showed that no sign of evidence of characteristic hepatotoxicity and nephrotoxicity was found in rats treated with different doses of *Z. multiflora* in this experiment. No significant changes were observed in relative weight of liver and kidney and serum enzymes in the test group. In the BHT group, mild biliary hyperplasia and glomerular atrophy were seen. In conclusion, *Z. multiflora* has no poisonous effects on liver and kidney and can be used as an antioxidant instead of BHT.

Keywords: Histopathological finding, *Zataria multiflora*, Liver, Kidney

Effects of methadone on the liver and kidney of the newborn mice

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Methadone is primarily a μ agonist with pharmacological properties qualitatively similar to those of morphine, and as a maintenance treatment for narcotic abuse. We studied the effects of intrauterine hepatotoxicity and nephrotoxicity by methadone on the postnatal developing and adult stages of mice. We used offspring delivered from dams that had been given 3, 6 and 9 mg / kg / day methadone in days of 8th to 20th gestational. Histopathological examination of the liver and kidney of offspring on postnatal days 2 (p2), p7, p14 and p21 revealed that there were not any important injuries in these tissues, but a cause of preportal reactive lymphocytosis. Thus, chronic intrauterine exposure to low-dose methadone hasn't impaired liver and kidney functions.

Keywords: intrauterine, kidney, liver, maintenance, methadone, mice